



**CYNGOR BWRDEISTREF SIROL**  
**RHONDDA CYNON TAF**  
**COUNTY BOROUGH COUNCIL**

**GWŶS I GYFARFOD O'R CYNGOR**

C. Hanagan  
Cyfarwyddwr Materion Cyfathrebu a Phennaeth Dros Dro'r Gwasanaethau  
Llywodraethol/Llywodraethol  
Cyngor Bwrdeistref Sirol Rhondda Cynon Taf  
Y Pafiliynau  
Parc Hen Lofa'r Cambrian  
Cwm Clydach CF40 2XX

Dolen gyswllt: Claire Hendy - Swyddog Gwasanaethau Democrataidd (01443 424081)

**DYMA WŶS I CHI** i gyfarfod o **PWYLLGOR CRAFFU - IECHYD A LLES** yn cael ei gynnal yn **Siambr y Cyngor, Y Pafiliynau, Parc Hen Lofa'r Cambrian, Cwm Clydach, Tonypany CF40 2XX** ar **DYDD MAWRTH, 12 FED CHWFROR, 2019** am **5.00 PM**.

Caiff Aelodau nad ydyn nhw'n aelodau o'r pwyllgor ac aelodau o'r cyhoedd gyfrannu yn y cyfarfod ar faterion y cyfarfod er bydd y cais yn ôl doethineb y Cadeirydd. Gofynnwn i chi roi gwybod i Wasanaethau Democrataidd erbyn Dydd Gwener, 8 Chwefror 2019 trwy ddefnyddio'r manylion cyswllt uchod, gan gynnwys rhoi gwybod a fyddwch chi'n siarad Cymraeg neu Saesneg.

**AGENDA**

**Tudalennau**

**1. DATGAN BUDDIANT**

Derbyn datganiadau o fuddiannau personol gan Aelodau, yn unol â gofynion y Cod Ymddygiad.

Nodwch:

1. Mae gofyn i Aelodau ddatgan rhif a phwnc yr agendwm mae eu buddiant yn ymwneud ag ef a mynegi natur y buddiant personol hwnnw; a
2. Lle bo Aelodau'n ymneilltuo o'r cyfarfod o ganlyniad i ddatgelu buddiant sy'n rhagfarnu, mae rhaid iddyn nhw roi gwybod i'r Cadeirydd pan fyddan nhw'n gadael.

## 2. COFNODION

Derbyn cofnodion cyfarfod blaenorol y Pwyllgor Craffu - Iechyd a Lles a gynhaliwyd ar 18 Rhagfyr 2018

5 - 10

### **ADRODDIAD CYFARWYDDWR CYFADRAN Y GWASANAETHAU CYMUNED A GWASANAETHAU I BLANT**

#### 3. **GWASANAETH CADW'N IACH GARTREF - Y NEWYDDION DIWEDDARAF**

Derbyn cyflwyniad fydd yn rhoi'r newyddion diweddaraf am y Gwasanaeth Cadw'n Iach Gartref

#### 4. **ADRODDIAD DRAFFT - GWEITHGOR DARPARIAETH AR GYFER YR HENOED BREGUS EU MEDDWL (EMI)**

Ystyried adroddiad drafft y Gweithgor Craffu - Iechyd a Lles.

11 - 20

### **ADRODDIAD CYFARWYDDWR GWASANAETH – IECHYD A DIOGELWCH Y CYHOEDD, A'R GYMUNED**

#### 5. **ADRODDIAD - YMGYNGHORIAD AR GANOLFANNAU CYMUNED ORIAU DYDD**

Ymgynghori ag Aelodau'r Pwyllgor Craffu - Iechyd a Lles ar ddyfodol gweddill y Canolfannau Cymuned Oriau Dydd mynediad agored.

21 - 34

#### 6. **MATERION BRYD**

Trafod unrhyw faterion sydd, yn ôl doethineb y Cadeirydd, yn faterion bryd yng ngoleuni amgylchiadau arbennig.

### **Cyfarwyddwr Materion Cyfathrebu a Phennaeth Dros Dro'r Gwasanaethau Llywodraethol**

#### **Cylchreliad:-**

(Y Cynghorwyr Bwrdeistref Sirol Y Cynghorydd R Yeo a Y Cynghorydd G Holmes – Cadeirydd ac Is-gadeirydd, yn y drefn honno)

#### **Y Cynghorwyr Bwrdeistref Sirol:**

Y Cynghorydd A Roberts, Y Cynghorydd M Forey, Y Cynghorydd L De Vet,  
Y Cynghorydd L Jones, Councillor J Davies, Y Cynghorydd J Williams,  
Y Cynghorydd A Chapman, Y Cynghorydd P Howe, Y Cynghorydd G Stacey,  
Y Cynghorydd M Tegg, Y Cynghorydd G Hughes, Y Cynghorydd Owen-Jones and  
Y Cynghorydd C Willis

Christian Hanagan, Cyfarwyddwr Materion Cyfathrebu a Phennaeth Dros Dro'r  
Gwasanaethau Llywodraethol

Gio Isingrini, Cyfarwyddwr Cyfadran y Gwasanaethau Cymuned a Gwasanaethau i  
Blant

Andy Wilkins (Legal), Pennaeth Materion Cyfreithiol – Gwasanaethau Corfforaethol a  
Llywodraethol

Neil Elliott, Cyfarwyddwr Gwasanaeth – Gwasanaethau i Oedolion

Y Cyngorydd Bwrdeistref Sirol G Hopkins, Aelod o'r Cabinet ar faterion  
Gwasanaethau Cymuned i Oedolion a Phlant

Tudalen wag

## **RHONDDA CYNON TAF COUNCIL HEALTH AND WELLBEING SCRUTINY COMMITTEE**

Minutes of the meeting of the Health and Wellbeing Scrutiny Committee meeting held on Tuesday, 18 December 2018 at 5.00 pm at the Council Chamber, The Pavilions, Cambrian Park, Clydach Vale, Tonypany, CF40 2XX.

### **County Borough Councillors - Health and Wellbeing Scrutiny Committee Members in attendance:-**

Councillor R Yeo (Chair)

Councillor G Holmes	Councillor A Roberts
Councillor M Forey	Councillor L Jones
Councillor A Chapman	Councillor G Stacey
Councillor M Tegg	Councillor G Hughes
Councillor D Owen-Jones	Councillor C Willis

### **Officers in attendance**

Mr G Isingrini, Group Director Community & Children's Services  
Mr A Wilkins, Head of Legal - Corporate & Democratic Services  
Mr N Elliott, Service Director, Adult Services

#### **23 Declaration of Interest**

In accordance with the Council's Code of Conduct, there were no declarations made pertaining to the agenda.

#### **24 Apologies for Absence**

An apology for absence was received from County Borough Councillors J. Davies, L. De Vet, P. Howe and J. Williams

#### **25 Minutes**

It was **RESOLVED** to approve the minutes of the 6<sup>th</sup> November as an accurate reflection of the meeting.

#### **26 Delayed Transfers Of Care Update**

The Group Director, Community & Children's Services presented Members of the Health and Wellbeing Scrutiny Committee with the Cwm Taf Social Services and Wellbeing Partnership Board Delayed Transfers of Care Report for November 2018.

It was explained to Members that as part of the Health and Wellbeing work programme it was agreed that the Committee would receive regular updates on

where the Local Authority stands in respect of the delayed transfer of care.

Members considered the information relating to the work carried out by the Local Authority as part the Cwm Taf Social Services and Wellbeing Partnership Board, which also includes Merthyr Tydfil Council, Cwm Taf Health Board and Third Sector and Independent Sector Organisations.

The Chair thanked the Officers for the very informative report and opened up the meeting for Members questions and observations.

A Member commented that the overall picture was good, however, he expressed concern regarding the increasing number of elderly people with no relative carer at home and the challenge this would present for social care staff and the packages that they can provide. The Service Director Adult Services explained that the vast majority of people want to home and this was an outcome of the service. It was explained that a package of care is assessed to meet a person's needs and adult social care work with the Health Board and Home Care Providers to ensure a safe transition home.

There was a query regarding the highest reasons for delays in Rhondda Cynon Taf. It was explained that this varies on a regular basis, but there was particular pressure at the moment in relation to the availability of home care packages. The Member also asked who assesses the person is fit to go home. It was explained that any decision made would be based on a medical decision, and if a person is assessed as medically fit for discharge, Health staff would work the Council, if necessary, to support them to be safely discharged with the care and support required.

Members raised concerns over the increasing demands for home care services, which is putting pressure on supply and capacity in some areas of the County Borough. It was explained that there were particular pressure points at peak call times in parts of lower Taf Ely, Aberdare and the upper parts of the Cynon Valley. Officer's explained that home care providers struggled to recruit and retain staff, which added to capacity problems in some areas, and this was being managed by Adult Social Care across care providers to minimise impact on delays awaiting commencement of care packages

Members continued to scrutinise the report in detail and **RESOLVED** to:

- Acknowledge the Cwm Taf Social Services and Wellbeing Partnership Board Delayed Transfers of Care report for November 2018
- Receive an update in respect of Delayed Transfers of Care in a future meeting to consider the impact of winter pressures on the service.
- Acknowledge the work undertaken by RCT Social Services staff

The Head of Legal Corporate and Democratic Services presented Members with the covering report regarding Mental Health Awareness.

It was explained to Members that at the meeting of the Council held on the 24<sup>th</sup> October 2018, the following Notice of Motion was considered and it was agreed that the Health and Wellbeing Scrutiny Committee would deal with it and the outcomes be reported back to a future meeting of the Council.

The Notice of Motion states:

“With Mental Health Awareness Day falling on the 10<sup>th</sup> October, this Council lends its support to Samaritans working with Compassion campaign – designed to increase awareness and promote compassion in the workplace.

The Council notes the link between suicide rates and socioeconomic deprivation and resolves to raise awareness and improve understanding of the support available to individuals experiencing emotional distress.

This Council also reaffirms its support to the Welsh Government’s Talk to Me 2 Campaign to ensure that the necessary provisions are in place to prevent instances of suicide where possible.”

The Chair explained that report before Committee was to seek Members views on how they wish to proceed with the way forward. It was explained that the Service Director Adult Services along with the Head of Service Learning Disabilities, Mental Health and Substance Misuse would provide Members with a PowerPoint Presentation informing them of the Council’s Adult Mental Health Service in Rhondda Cynon Taf.

In respect of the Notice of Motion Members had a robust discussion concerning what information would be required at a future meeting of the Committee to consider when taking the proposed Notice of Motion forward.

Members felt that it would be beneficial for an Officer from Human Resources to attend a future meeting to inform Members of the work carried out by that Service in addressing mental health problems within the work place.

Members also felt strongly that information is required from Health and Third Party Organisations to explain what information in respect of support is available for both staff and residents of Rhondda Cynon Taf regarding mental health issues and awareness and in particular suicide

It was agreed that a comprehensive joint report between the Local Authority, Health, Public Health and Third Party Organisations such as MIND, New Horizons needed to be brought back to a future meeting of the Health and Wellbeing Scrutiny Committee, to consider the most appropriate ways in which to further promote existing mental health services relating in particular to suicide prevention within Rhondda Cynon Taf.

After the consideration of the Notice of Motion Members received an update from the Service Director Adult Service and the Head of Service Learning Disabilities, Mental Health and Substance Misuse with the aid of a PowerPoint Presentation.

The Head of Service Learning Disabilities, Mental Health and Substance Misuse provided Members with an overview of Adult Mental Health Services and areas for improvement in Rhondda Cynon Taf.

It was explained that mental ill-health is very common and can affect people of all ages. A quarter of people will experience mental health problems or mental illness at some point in their lives, which can have an enormous effect on themselves, their families, friends and colleagues.

It was explained that around 50% of lifetime mental illness starts by the age of 14 and continues to have a harmful effect on the individual and their families for many years.

The Head of Service Learning Disabilities, Mental Health and Substance Misuse informed Members that the Authority works in partnership with Cwm Taf University Health Board, the voluntary sector, and other stakeholders to provide a network of services for people with mental health problems, their families and carers.

The Officer explained that Cwm Taf has the highest rates of mental illness and poor wellbeing in Wales and Cwm Taf has the highest rate of suicide in Wales at 13.7 deaths per 100.000 population (Regional Population Analysis).

With regards to current Primary Health Service provision in Rhondda Cynon Taf, it was explained that for most people the first point of contact for mental health support is their GP, who will identify whether an assessment from a mental health professional is required. These services are intended to help people with mental health problems and receive effective care and treatment planning and support so that they can live as fulfilled and independent a life as possible.

Members were informed of the current Mental Health Services Review underway in partnership with the Health Board – the principles of which are listed below:

- Provide responsive and proportionate services – “right person right place, right time”
- Provide holistic, flexible and person centred services tailored to the needs of the individual
- Frontline services with intensive support and earlier intervention to prevent escalation
- Provide as much as possible at early intervention level, with only those clients whose needs cannot be fully addressed at this level progressing on to CTP
- Remove barriers / minimise internal referral criteria and processes between services
- Co-locate services wherever possible
- Provide rehabilitation and recovery focussed services, avoid creating a dependency on services
- Enable clients to move up and down through the service as their needs change
- Provide an appropriately resourced specialist service when needed.



Officers explained the challenges associated with the transition of young people to adulthood and from primary to secondary care and the need to work within good practice principals that have recently been developed.

Officers also explained what is being done to tackle the high levels of suicide and self-harm across the County Borough. Members were informed of the Talk to Me 2 Campaign which is the Welsh Government's plan to prevent Suicide and Self Harm. The overall strategic aims of the strategy are to:

- Reduce the suicide and self-harm rates in the general population in Wales; and
- Promote, co-ordinate and support plans and programmes for the prevention of suicidal behaviours and self-harm at national and local levels.

In doing so, Talk to Me 2 identifies six key strategic objectives and it is a priority for the Cwm Taf Regional Local Mental Health Partnership. A sub-group has been established and chaired by MIND locally to lead on Talk to Me 2 Strategy and action plan.

The Chair thanked the Officers for the presentation and opened up the meeting for Members questions and observations.

A Member commented that he welcomed the changes within the service and felt that the transition for young people to adulthood and from primary to secondary care needed to be a priority for the Authority.

A Member asked if there was information regarding the direct referral scheme as she felt there was lack of information for people who needed to self-refer and if information was readily available that this could be a starting point to help many. Another Member questioned how we can raise awareness of the scheme; he felt that GP surgeries have a big part to play as early intervention is key. It was explained that work is being done with Health and the Voluntary Sector to provide a network service for people with mental health problems and their families.

A Member stated that they felt that poverty is an issue when it comes to mental health and felt more needs to be done to support the more vulnerable within society. The Member also questioned what work is being done with the CAMHS Service and how can we improve the transition from children services to adult service. It was explained that work with schools and children's services was actively taking place and focusing on the young person's wellbeing. It was also explained that the CAHMS Service reported to the Children and Young People Scrutiny Committee and this will continue to be scrutinised in depth by that committee.

Members stated that awareness of services is key as early intervention will help as a preventative measure and will hopefully help in stopping a person getting to crisis point.

A Member commented that there is a lack of knowledge and information for people to get in contact with services other than going to the GP and Members requested that there should be a way of promoting what is on offer. It was explained that work is being done with Health and third party organisation to

promote the services that are available for people suffering with mental health problems. Members felt that posters and booklets as well as social media need to be more available for public with contact details to help the promotion.

After further discussion, Members **RESOLVED** to:

- Receive a joint report from the Local Authority, Health Board, Public Health and Third Party Organisation such MIND and New Horizons.
- Invite an Officer from Human Resources to inform Members of the work carried by the Service in addressing metal health problems within the work place.
- Members will continue to monitor the mental health services throughout the coming year.

**28 URGENT ITEMS**

**This meeting closed at Time Not  
Specified**

**Cllr R Yeo  
Chairman.**

## RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

MUNICIPAL YEAR 2018/19

### HEALTH AND WELLBEING SCRUTINY COMMITTEE

12<sup>TH</sup> February 2019

### REPORT OF INTERIM HEAD OF DEMOCRATIC SERVICE

<b>The Findings of the Health and Wellbeing Scrutiny Working Group in respect of the EMI Nursing Beds Provision.</b>

C. Hendy – Democratic Services Officer  
Tel No. 01443 424081

#### 1. PURPOSE OF REPORT

- 1.1 The purpose of this report is to make Member aware of the findings and recommendations of the Scrutiny Working Group in relation to the Provision of EMI Nursing Care Home provision in Rhondda Cynon Taf.

#### 2. RECOMMENDATIONS

- 2.1 Members are asked to endorse the recommendation:
- 2.2 Members request for the these recommendations to be presented to the Council's Cabinet for consideration.

#### 3. BACKGROUND

- 3.1 At the meeting of the Health and Wellbeing Scrutiny Committee on the 15<sup>th</sup> November 2017, members considered a presentation in relation to the provision of Adult Mental Health Service within Rhondda Cynon Taf. Members were presented with the challenges faced by the service, including the lack of EMI nursing care home beds (both respite and long-term care provision) and impact the loss of older people with dementia hospital beds and closure of wards at Ysbyty George Thomas in Treorchy had on EMI nursing care home provision.
- 3.2 As a result of the above the Scrutiny Working Group was formed and the Health and Wellbeing Scrutiny Committee is now asked to consider the report attached at Appendix A and subject to agreement, the report will be passed to the Executive for consideration.

#### 4. CONCLUSION

- 4.1 The Scrutiny Working Group concluded that they have considered the effectiveness of the current commissioning systems across Adult Social Care and Health to meet the current and future demands of the provision of EMI Nursing beds provision across the County Borough. Having considered all the information put before them the Health and Wellbeing Scrutiny Committee Working Group propose the recommendation set out in 2.1 and 2.2 of the report attached at Appendix 1

**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**MUNICIPAL YEAR 2018/19**

**DRAFT REPORT OF THE HEALTH & WELLBEING SCRUTINY COMMITTEE  
WORKING GROUP**

**EMI NURSING BED PROVISION WITHIN RHONDDA CYNON TAF**

**1 TERMS OF REFERENCE**

**Terms of reference:** to consider the effectiveness of the current commissioning systems across Adult Social Care and Health to meet current and future demand and ensure the ongoing delivery and sustainability of good quality EMI nursing care home provision in Rhondda Cynon Taf.

**Scope:**

- To review the Cwm Taf Regional Market Position Statement for Care Homes and examine the progress made to implement agreed commissioning intentions, relating in particular to EMI nursing care
- To consider and examine the services already provided or commissioned by the Council and the Cwm University Health Board and determine whether they are meeting current needs.
- To examine development options for the provision of new / additional EMI nursing care home provision in Rhondda Cynon Taf
- To explore the choices available and the range of alternative services to EMI nursing care provision
- From the information gathered to identify specific areas for more in-depth scrutiny with the aim of formulating recommendations for improvement which will be passed on to the Council's Executive or relevant partner boards / agencies.

**Methodology**

- Receive reports and presentations from Council Officers in respect of Regional Market Position for Care Homes and service commissioning needs.
- Meet with appropriate representatives from Independent Sector Providers
- Meet with appropriate Cabinet Member(s)
- Desktop research/performance monitoring data/ best practice.

- Consider relevant reports from Regulators i.e. WAO, CJW

## **2. RECOMMENDATIONS**

- 2.1 In taking forward learning from the experience the Working Group would like to recommend:
- 2.2 That Scrutiny continue to monitor delayed transfers of care performance, and in particular issues relating to the availability of EMI nursing care home provision
- 2.3 That Cabinet ensure the recommendations in the Cwm Taf Market Position Statement are being delivered in particular those aimed at the more specialised provision and need for more provision linked to complex care i.e. dementia and nursing dementia.

## **3. BACKGROUND**

- 3.1 At the meeting of the Health and Wellbeing Scrutiny Committee on the 15<sup>th</sup> November 2017, Members considered a presentation in relation to the provision Adult Mental Health Services within Rhondda Cynon Taf. Members were presented with the challenges faced by the Service, including the lack of EMI nursing care home beds (both respite and long term care provision) and the impact the loss of older people with dementia hospital beds and closure of wards at Ysbyty George Thomas in Treorchy had on EMI nursing care home provision availability and choice.
- 3.2 As a result of the above a Scrutiny Working Group was formed comprising of County Borough Councillors. De-Vet, J. Davies, J. Elliott, S. Evans, M. Forey, L. Jones, W. Owen, A. Roberts, J. Williams, C. Willis and R. Yeo. The Membership of the Committee changed after the AGM in May 2018 where new a Member County Borough Councillor A Chapman, was included.
- 3.3 The Working Group met on three occasions i.e. 27<sup>th</sup> February 2018, 16<sup>th</sup> April 2018 and the 29<sup>th</sup> November 2018 and received information from the Group Director of Community and Children's Services, Service Director for Adult Services along with information from Independent Care Home Provider representatives.

## **4. EMI BED PROVISION WITHIN RHONDDA CYNON TAF**

- 4.1 At the inaugural meeting of the Working Group Members received a general update from the Service Director Adult Services on residential and nursing care home provision within Rhondda Cynon Taf, including detail on the availability

of EMI nursing care homes and beds capacity. Members were informed that residential care is provided by both Council and the Independent Sector but nursing care is only provided by Independent Sector Care Homes.

- 4.2 Members were informed that at the time of the Working Group meeting (February 2018) there were a total of 25 Independent Care Homes located within Rhondda Cynon Taf as shown in the table below:

<b>Care Homes</b>	<b>Area</b>	<b>Total Registered Beds</b>	<b>Total Nursing EMI Beds</b>
Glyncornel Nursing Home	Rhondda	17	0
Mill View Care Home	Rhondda	37	0
Taliesin Residential Home	Rhondda	18	0
Ty Nant	Rhondda	31	15
Ty Pentwyn	Rhondda	34	0
Ty Porth	Rhondda	81	0
Ty Ross	Rhondda	40	0
Zoar Residential Home	Rhondda	30	0
Aberpennar Court Nursing Home	Cynon	49	0
Cwmaman Care Centre	Cynon	48	0
Maesteg House Residential	Cynon	11	0
Meadowlands Care Centre	Cynon	47	47
Oakwood Nursing Home	Cynon	41	0
The Beeches Care Home	Cynon	46	0
The Laurels Residential Home	Cynon	18	0
The Willows Care Home	Cynon	46	46
Ysguborwen House	Cynon	78	0
Aspen House Nursing Home	Taf	38	0
Duffryn Ffrwdd Care Home	Taf	93	0
Llantrisant Care Home	Taf	38	0

Penrhos Residential Home	Taf	18	0
Pontypridd Nursing Home	Taf	58	0
The Hollies	Taf	41	0
Ty Eiren Care Centre	Taf	86	14
Ty Gwynno Care Centre	Taf	46	0
<b>Overall Registered Beds</b>		<b>1090</b>	<b>122</b>

- 4.3 The Working Group was informed that the above Care Homes would have been registered at that time to provide different categories of care that could have included: residential care; EMI residential care; nursing care and EMI nursing care. Some Care Homes would only be registered to provide one category of care, while others a combination of the different care categories.

However, only 4 of the 25 Care Homes provided EMI nursing care, namely: Ty Nant (Rhondda), Meadowlands Care Centre (Cynon), The Willows Care Home (Cynon) and Ty Eirin Care Centre (Taf) – a total 122 EMI nursing care beds. Members were informed that the recent opening of Ty Nant had increased the availability of EMI nursing care home beds in the market. (The level of provision remains the similar to that provided as at 31<sup>st</sup> January 2019).

- 4.3 The Working Group was also informed that there were 145 reported vacancies across the independent Sector care homes (approx. 13% of the total registered beds), of the which there were 19 EMI nursing care bed vacancies. This was higher at the time than in previous months, where usually, there were limited/no reported vacancies. At the time, this was part due to restrictions placed on admissions to Ty Nant Care Home by Cwm Taf University Health Board following its recent opening. The Working Group was informed that due to the lack of EMI nursing care need on some occasions this meant that some individuals were not being placed in their choice of homes and placed in alternative home elsewhere in the County Borough away from their local area. As at 31<sup>st</sup> January 2019; there were 8 EMI Nursing care home vacancies.

- 4.4 Other issues raised with the Working Group in relation to the availability of EMI nursing care home provision, included:

- Capacity of the Care Home market to meet the current and future demand for EMI nursing is limited across Rhondda Cynon Taf;
- Closure of hospital beds and decommissioning of Older People with Dementia beds at Ysbyty George Thomas;
- Workforce availability, including recruitment and retention and, in particular, registered nurses;



- Fees and charges.

## **5. CWM TAF MARKET POSITION STATEMENT – CARE HOMES**

**5.1** In February 2018 the Health and Wellbeing Working Group was presented with the Cwm Taf Health Board and Social Care Partnership's Regional Market Position Statement for Care Home Services .

**5.2** Members were informed that Rhondda Cynon Taf Council together with Merthyr Tydfil Council and the Cwm Taf University Health Board were committed to working collaboratively across the Cwm Taf region to deliver sustainable improvements in services for the older population.

**5.3** The Working Group learnt that the Regional Joint Commissioning Statement (2015-25) for the Older People's Services was reported to the Council's Cabinet meeting on the 18<sup>th</sup> February 2016. The document identified a new approach to accommodation with care and support for older people, which would impact and change care home provision across Rhondda Cynon Taf. The Market Position Statement which describes the strategic intentions for the care home market and forms the basis for future dialogue and stronger partnership working between commissioners and providers, in order to::

- Share information and analysis future population needs
- Provide a review of the current 'market' of service
- Describe the future approach to commissioning services
- Identify the potential future shape of the market to enable providers to position themselves and meet future demands/ needs
- Describe how commissioners and providers can more effectively engage and support service providers to achieve a healthy and sustainable market.

**5.5** The Working Group considered the following key points identified in the Market Position Statement as presented by the Service Director Adult Services:

- Key Points – Vision
  - The Service Model will –
    - Intervene earlier and more quickly, averting the need for long term care
    - Promote independence for people in their own homes
  - Older people may continue to choose to live in a Care Home, but the needs of these people are liable to become more complex.
  - Care Homes will continue to be an important component in the “whole system” of care and support.
- Key Points – Population
  - The population of people aged 65 and over is expected to grow by 30.4% by 2025 – which will have implications both for the number of people requiring care in some form and for the number of people in the workforce available to fill social care jobs.

- The population aged 80 and over is forecast to grow by 71.3% - this older group is likely to need more health and social care and support than younger groups.
- The population aged over 75 with dementia is forecast to grow by 61% - the need for specialised care and support for people with this condition will place increasing pressure on the health and social care system.
- Key Points – Market Analysis
  - The Care Home market is not currently able to meet demand effectively, in particular for nursing and dementia care beds.
  - Recruitment and retention in particular for registered nurses
  - Based on current projections of our older people and within our existing outdated service model – would need to commission up to 1,000 additional beds across the region by 2030.
  - In the context of a new and modernised service model it is not expected that the Care Home sector will grow significantly over the next ten years, although there is a need to ensure that the complex needs for nursing and dementia care in different environments including high quality facilities are met.
- Key Points – Providers/Residents
  - The strategic intentions based on an assumption that care home providers will seek to develop positive strategic partnerships will be pursued.
  - Improvements in quality as required in the Older People’s Commissioner’s report “A Place to Call Home?”
- Future Commissioning Intentions – Capacity
  - It is expected that significantly fewer residential care home placements over the next 15 years will be commissioned.
  - It is anticipated that developments in community based healthcare services will result in fewer people requiring nursing home care.
  - Initially, and until Extra Care models are fully developed, it is hoped that through the commissioning arrangements, more consistent provision of high quality dementia care and nursing care in care homes will be consolidated.
  - To work with providers to develop flexible models of short term care in care homes to support –
    - Discharge from hospital
    - Assessment
    - Appropriate reablement interventions
  - There is currently shortages in the provision of local, accessible care home placements in the following categories:
    - Younger adults with complex disabilities including brain injuries
    - Adults with a learning disability (especially older people)
    - People under the age of 65 with dementia
  - The aim is to strengthen the provision of reliable and accessible respite care in care homes and consideration of issuing block contracts for these.
- Future Commissioning Intentions – Other

- Business development and Support
- Quality
- Workforce Development
- Fees
- Partnerships

## **CARE HOME PROVIDERS**

- 5.6 The Working Group meet on the 29<sup>th</sup> November 2018 along with Mr M Slator an Independent Provider and Ms M Minty from Care Forum Wales.
- 5.7 The Working Group was provided with information from Director of Community and Children's Services it was explained that the Market Position changes quickly due to demand and capacity can fluctuate between each Care Home and the new registration regulations brought in from April 2018 provided greater flexibility for Care Home Providers to meet current and future need.
- 5.8 The Working Group heard that EMI nursing care come provision was limited and whilst there were current vacancies available; it would, on times, impact upon the Delayed Transfers of Care. As previously reported, the Working Group learnt that the due to the small number of care homes finding a local EMI Nursing Care Home placement could problematic for some residents.
- 5.9 The Independent Provider talked about the pressure that Providers experience and explained that there has been a move from the traditional type of residential care needed for residents to a more challenging care needs, and in particular dementia and nursing care. The Independent Provider explained to the Working Group that people are coming in to residential care much later in their life and with more specialist needs and end of life care.
- 6.0 Ms M Minty from Care Forum Wales gave the Working Group an overview of Care Home Provision, it was explained that the National picture is mirroring what is going on across Wales and happening locally within Rhondda Cynon Taf. Ms. Minty mentioned the higher expectations for more beds in the independent sector market with a higher standards expected of care homes.
- 6.1 Members of the Working Group considered the investment needs of the challenging market and recognised that improvements were being made by some providers to improve quality of care and the environment of individual care homes.
- 6.2 The Working Group also considered the challenging position caused by the reduction in hospital beds and the closing of Ysbyty George Thomas and the need to deal with more complex care needs of people.

## **Conclusion**

- 7.0 The Scrutiny Working Group concluded that they have considered the effectiveness of the current commissioning systems across Adult Social Care and Health to meet the current and future demands of the provision of the EMI nursing beds provision across the County Borough.
- 7.1 Scrutiny have taken in to consideration the information provided by the Director of Community and Children's Services along with information provided by the Service Director Adult Services in relation to the current Regional Market Position Statement and current Care Home availability and vacancies within Rhondda Cynon Taf market to meet need, including at present EMI nursing care Home provision
- 7.2 Scrutiny however acknowledge the current capacity within the market and across Independent Sector care homes can change due to demand and EMI Nursing Car Home provision is subject to capacity issues due to limitations with current supply and impact on other care home provision along with admissions and discharges from hospital.
- 7.3 In taking forward learning from the experience of the Working Group; Members of the Health and Wellbeing Scrutiny Working Group would like to recommend:
1. That Scrutiny continue to monitor delayed transfers of care performance, and in particular issues relating to the availability of EMI nursing care home provision
  2. That Cabinet ensure recommendations in the Cwm Taf Market Position Statement are being delivered in particular those aimed at the more specialised provision and need for more provision linked to complex care i.e. dementia and nursing dementia.

**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL  
MUNICIPAL YEAR 2018/19**

**HEALTH & WELLBEING SCRUTINY  
COMMITTEE**

Agenda Item No.

12<sup>th</sup> February 2019

**REPORT OF THE DIRECTOR OF  
COMMUNICATIONS AND INTERIM  
HEAD OF DEMOCRATIC SERVICES**

**CONSULTATION ON THE FUTURE  
OF COMMUNITY DAY CENTRES**

**1. PURPOSE OF THE REPORT**

- 1.1 The purpose of the report is to consult Members of the Health & Well-being Scrutiny Committee on the future of the remaining open access Community Day Centres.

**2. RECOMMENDATIONS**

It is recommended that Members:

- 2.1 Comment on the future of the Community Day centres, and
- 2.2 That the feedback and comments of the Health & Well-being Scrutiny Committee form part of the formal consultation feedback to the Cabinet.

**3 REASONS FOR RECOMMENDATIONS**

- 3.1 The Council is currently undertaking a focussed six week consultation with service users and local communities on the future of the remaining four Community Day centres. This committee is invited to participate in this consultation exercise and in doing so inform the report that will subsequently be presented to Cabinet for decision.

**4. BACKGROUND**

- 4.1 The Community Day centres provide an opportunity for residents over 50 years of age to access a hot meal each week day and participate in a range of activities. There are five remaining day centres located across the County Borough:

- Gilfach Goch Day Centre
  - Brynnar Jones Day Centre, Gelli
  - Alec Jones Day Centre, Porth
  - Teifi House Day Centre, Maerdy
  - Nazareth Day Centre, Williamstown
- 4.2 On 21<sup>st</sup> November 2018, Cabinet considered the report of the Director of Public Health, Protection & Community Services setting out proposals to review the provision of Community Day centres in Rhondda Cynon Taf. This report is reproduced at Appendix I.
- 4.3 It was determined that a six week focussed consultation with service users and local communities be undertaken on the future of the remaining Community Day centres and that a further report be presented to Cabinet on the outcome of the consultation with recommendations for consideration.
- 4.4 A public consultation into the future provision of services held at Alec Jones Day Centre has already been undertaken as part of the Porth Town Centre Regeneration Strategy. A decision was made by Cabinet on 24<sup>th</sup> January 2019 to transfer the programme of activities currently held at Alec Jones Day centre to the new Community Hub planned for Porth Plaza. It was also determined that the Director for Public Health, Protection & Community Services undertake a further engagement exercise with the service users of Alec Jones Day Centre to identify and put in place the necessary arrangements for alternative hot meal provision. This report and the associated consultation exercise therefore concerns the remaining four Community Day Centres.
- 4.5 The current consultation exercise commenced on Monday 21<sup>st</sup> January and in addition to an online questionnaire the Council is holding a number of drop in events at the four day centres where service users can discuss the proposals with Council officers. The details of these events are presented at Appendix II.
- 4.6 The Council must continuously review and challenge its service delivery to ensure it is cost effective, remains fit for purpose and is meeting the Council's commitment to deliver the best possible services for our communities.
- 4.7 In summary, the Cabinet paper presented at Appendix I makes the following key points:
- The net budget for the remaining community day centres is £251k.
  - The usage of the Community Day centres is low with small numbers of meals provided each day.
  - The net cost per meal to the Council at all centres is significant and in one case nearly £17 per meal.

- Programmes of activities are generally quite limited and at one centre no activities are held.
  - There are significant maintenance and repair requirements for all buildings estimated in the region of £500k over five years.
  - The current service model is no longer sustainable.
- 4.8 The Council is rolling out a programme developing Community Hubs across the County Borough. (Cabinet paper from 19<sup>th</sup> April 2018). Community Hubs will include a range of services provided by the public and voluntary sector. Bringing services together will provide a better public service offer and create economies of scale in terms of staffing and building costs. Making better, more cost effective use of our community assets and reinvesting resources in new or retrofitted, fit for purpose buildings will enable services to be sustainable in the longer term.

## **5 EQUALITY AND DIVERSITY IMPLICATIONS**

- 5.1 A full Equality Impact Assessment will be undertaken, informed by the consultation feedback and included in the subsequent report to Cabinet prior to any decision being made on the proposal.

## **6 CONSULTATION / INVOLVEMENT**

- 6.1 A six week focussed consultation exercise commenced on 21<sup>st</sup> January 2019. This includes:

- An online questionnaire
- Drop in events at each of the Community Day Centres

- 6.2 The views of this Scrutiny Committee will make an important contribution to the consultation exercise and inform the deliberations of Cabinet.

## **7 FINANCIAL IMPLICATION(S)**

- 7.1 The net budget for the Council of providing the four remaining Community centres is £251,041.

## **8 LEGAL IMPLICATIONS OR LEGISLATION CONSIDERED**

- 8.1 There are no legal implications arising from this report.

## **9 LINKS TO THE CORPORATE AND NATIONAL PRIORITIES AND THE WELL-BEING OF FUTURE GENERATIONS ACT.**

- 9.1 This proposal contributes to the well-being goals under the Well-being of Future Generations (Wales) Act. The proposals set out in this report

support the Council's aim to provide a **long-term sustainable future** plan for the delivery of community services in RCT. Working in **collaboration** with communities and third sector organisations creates the opportunity to address unsustainable service models and **integrate** service delivery for the benefit of residents.

## **10 CONCLUSION**

- 10.1 Members of the Health & Well-being Scrutiny Committee are requested to consider the information presented in this report and are invited to comment on the future of the remaining Community Day Centres.





HAVE  
YOUR DWEUD  
SAY EICH  
DWEUD

# CYNIGION I ADOLYGU'R DDARPARIAETH O GANOLFANNAU ORIAU DYDD YN RHONDDA CYNON TAF

## PROPOSALS TO REVIEW THE PROVISION OF COMMUNITY DAY CENTRES IN RHONDDA CYNON TAF

Mae'r Cyngor yn ymgynghori ar ddyfodol  
Canolfannau Oriau Dydd.

**Rydyn ni am glywed eich  
barn, felly dewch draw i  
achlysur galw heibio;**

The Council is consulting on the future of  
Community Day Centres.

**We want to hear your  
views, please come along  
to a drop in event;**

**Canolfan Oriau Dydd Tŷ Teifi, y Maerdy  
Teifi House Day Centre, Maerdy**

**30 Ionawr/January • 8 Chwefror/February**

**Canolfan Oriau Dydd Brynnar Jones, y Gelli  
Brynnar Jones Day Centre, Gelli**

**1 + 6 Chwefror/February**

**Canolfan Oriau Dydd Tŷ Nazareth, Trewiliam  
Nazareth House Day Centre, Williamstown**

**13 Chwefror/February • 1 Mawrth/March**

**Canolfan Oriau Dydd y Gilfach-goch  
Gilfach Goch Day Centre**

**15 + 27 Chwefror/February**

**12-2pm**

Mae croeso i chi gyfathrebu â ni yn y Gymraeg  
You are welcome to communicate with us in Welsh

*Edrychwch ar y cynigion ar-lein:*  
[www.rctcbc.gov.uk/](http://www.rctcbc.gov.uk/)

## Ymgynghori

*E-bost:*  
[ymgyngkori@rhondda-cynon-taf.gov.uk](mailto:ymgyngkori@rhondda-cynon-taf.gov.uk)

*Neu anfonwch lythyr aton ni.*  
*Y cyfeiriad ydy:*

RHADBOST:  
RSBU-HJUK-LSSS,  
**Ymchwil ac Ymgynghori,**  
Y Pafiliynau,  
Cwm Clydach, CF40 2XX

*Ffôn:*  
**01443 425544**

*View the proposals online:*  
[www.rctcbc.gov.uk/](http://www.rctcbc.gov.uk/)

## Consultation

*Email:*  
[consultation@rctcbc.gov.uk](mailto:consultation@rctcbc.gov.uk)

*Or write to us at:*  
FREEPOST:  
RSBU-HJUK-LSSS,  
**Research & Consultation,**  
The Pavilions,  
Clydach Vale, CF40 2XX

*Telephone:*  
**01443 425544**



**RHONDDA CYNON TAF**



**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**CABINET**

**21<sup>st</sup> NOVEMBER 2018**

**PROPOSALS TO REVIEW THE PROVISION OF COMMUNITY DAY CENTRES IN RHONDDA CYNON TAF**

**REPORT OF THE DIRECTOR OF PUBLIC HEALTH, PROTECTION & COMMUNITY SERVICES IN DISCUSSIONS WITH COUNCILLOR G HOPKINS, CABINET MEMBER FOR ADULT COMMUNITY SERVICES & WELSH LANGUAGE**

**Author:** Paul Mee, Director of Public Health, Protection & Community Services

**1. PURPOSE OF THE REPORT**

- 1.1 The purpose of the report is to propose that a focussed consultation be undertaken with service users and the local communities of the remaining Community Day Centres to inform a subsequent decision on their future.

**2. RECOMMENDATIONS**

It is recommended that the Cabinet:

- 2.1 Approve a six week focussed consultation with service users and the local communities on the future of the remaining four Community Day Centres.
- 2.2 Subject to 2.1, a further report on the outcome of the consultation exercise with recommendations concerning the Community Day Centres is presented to Cabinet for consideration.

**3. REASONS FOR RECOMMENDATIONS**

- 3.1 The Council, as part of its Medium Term Financial Plan, must continuously review and challenge its service delivery to ensure it is cost effective, remains fit for purpose and is meeting the Council's commitment to deliver the best possible services for our communities. Where necessary it may be necessary to modernise and transform those services to meet current requirements.

#### **4. BACKGROUND**

##### **Community Day Centres**

- 4.1 There are five remaining Community Day Centres located across the County Borough. These provide daily hot meals and a programme of activities for people over 50 years of age. The average number of meals provided per day varies from one centre to another and ranges from, on average 12 meals per day (Teifi House, Maerdy) to 36 per day (Gilfach Goch). Numbers of meals provided are declining slowly each year. The net subsidy per meal ranges from £7.38 (Gilfach Goch) to £16.82 (Nazareth Day centre, Williamstown) and the cost to the Council is gradually increasing as usage declines.
- 4.2 There is a programme of activities held at Teifi House, Alec Jones, Brynna Jones (one afternoon each week) and Gilfach Goch although these programmes are generally quite limited. There are no activities held at Nazareth House in Williamstown. The Council has learning disability satellite services based at both Brynna Jones and Gilfach Goch Day centres.

#### **5. DISCUSSION AND PROPOSALS**

- 5.1 The Council's Community Day Centres have provided an important opportunity for older people in our communities to access a hot meal each week day and participate in a range of activities that help tackle social isolation and loneliness. There are five remaining Community Day Centres run by the Council located across the County Borough:
- Gilfach Goch Day Centre;
  - Brynnar Jones Day Centre, Gelli;
  - Alec Jones Day Centre, Porth;
  - Teifi House Day centre, Maerdy;
  - Nazareth Day Centre, Williamstown.
- 5.2 A public consultation has been approved into the future provision of services currently held at Alec Jones Day Centre, Porth as part of the wider Porth Town centre regeneration Strategy considered by Cabinet at its meeting on 16<sup>th</sup> October 2018. This includes the proposal to integrate the day centre provision into a Community Hub to be developed at the existing Porth Plaza. This would maintain access to meals and a range of activities currently held at the day centre. Therefore, Alec Jones Day Centre is not included within the proposed consultation set out in Section 2 of this Report.

5.3 The current average meal sales per day, net subsidy per meal and net budget for each Community Day Centre is presented at Table I.

**Table I – Community Day Centres**

Community Day Centre	Average meals per day			Net cost per meal served 2017/18	Expenditure Budget 2018/19	Income Budget	Net Budget 2018/19
	2016/17	2017/18	2018/19				
Teifi House	15	13	12	£15.73	£90,950	£(29,910)	£61,040
Brynnar Jones	29	25	23	£8.50	£95,390	£(36,560)	£58,830
Nazareth House	21	19	21	£16.82	£96,160	£(24,140)	£72,020
Gilfach Goch	30	29	36	£7.38	£92,160	£(33,010)	£59,150
				<b>TOTAL:</b>	<b>£374,660</b>	<b>£(123,620)</b>	<b>£251,040</b>

\*Staffed by Catering Direct so would therefore need to consider impact on the service of any operational changes

5.4 The low usage levels at these facilities have either remained static or slowly declined with relatively few meals now being provided each day. The net cost per meal to the Council is significant at all centres and in one case is nearly £17 per meal. There is a programme of activities held at Teifi House and Brynna Jones (one afternoon each week) and Gilfach Goch although these programmes are generally quite limited. There are no activities held at Nazareth Day Centre in Williamstown. The low usage and ongoing cost to the Council is not sustainable.

5.5 Members will be aware that following the recent closure of St George's Day Centre in Tonyrefail, service users were signposted to Gilfach Goch Day Centre as an alternative. In addition, Gilfach Goch Day Centre supports clients from learning disability services who also access meals at the centre. Members may wish to consider deferring further consideration of the future of this facility until such time as the impact of the recent service change can be assessed.

5.6 There are restrictive covenants in place regarding all of these buildings. These relate to restrictions on the sale of alcohol; access rights for neighbouring properties or in one case a power of entry for the maintenance of drains and sewers. None of these are a barrier to the future beneficial use of the buildings.

5.7 The repair and maintenance requirements for each building have been assessed by Corporate Estates and it is estimated that over the next five years repair requirements of all four buildings would cost the Council approximately £500k. The estimated repair costs for each building are all significant; the greatest cost being in respect of Nazareth House, Williamstown estimated at approximately £165k and Teifi House, Maerdy, estimated at £193k.

- 5.8 On the evidence of the small number of service users it can reasonably be argued that the existing model no longer caters for the needs of the majority of older people in our communities. It is therefore proposed that the Council undertakes a six week focussed consultation with service users and the local communities on the future of the remaining four Community Day Centres (excluding Alec Jones Day Centre which is subject to a separate consultation), exploring opportunities for alternative service delivery models either through the developing Community Hub model where appropriate or through existing third sector organisations located in the communities concerned.

## **6. EQUALITY AND DIVERSITY IMPLICATIONS**

- 6.1 The Equality Act 2010 introduced a general equality duty and a specific public sector equality duty that is applicable to Councils. Section 149 of the Equality Act 2010 (Public Sector Single Equality Duty) requires public authorities to demonstrate that they have paid 'due regard' in their decision-making process to the need to:

- Eliminate unlawful discrimination, harassment and victimisation;
- Advance equality of opportunity between people who share a protected characteristic and people who do not share it;
- Foster good relations between people who share a protected characteristic and those who do not.

The relevant protected characteristics are age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex and sexual orientation.

- 6.2 The Council must have due regard to the impact of any proposals on those with a protected characteristic. The Council has a specific duty to publish information to demonstrate how it has paid due regard to the aims above as part of its decision-making. Undertaking an Equality Impact Assessment screening exercise (and if necessary a full Equality Impact Assessment) would be evidence that the Council has considered its legal obligations in making the decision on the recommendations in this report.
- 6.3 There is a potential impact on some vulnerable groups with protected characteristics (specifically older people) due to the proposed changes. Consequently a full Equality Impact Assessment will be undertaken, informed by the consultation feedback and included in a subsequent report to Cabinet prior to any decision being made on the proposal.

## **7. CONSULTATION**

- 7.1 It is proposed that the Council undertakes a six week focussed consultation with service users and the local community in respect of

the future of the remaining four Community Day Centres to inform a subsequent Cabinet report with recommendations.

## **8. FINANCIAL IMPLICATION(S)**

- 8.1 The net budget for the Council of providing the five remaining Community Day Centres is £251,040, excluding management and support costs which it is proposed are retained to support the Community Hubs programme.
- 8.2 The Quarter 2 Financial Report for 2018/19 also being considered at this Cabinet Meeting highlights that Adult Social Care is predicted to overspend by £2.2m for this financial year. It is proposed that any potential contribution these proposals will make to the Council's Medium Term Financial Plan will be used to maintain essential assessed adult social care services. This allocation of funding will depend on the outcome of the public consultation and any subsequent decision on the future of the Community Day Centres.

## **9. LEGAL IMPLICATIONS OR LEGISLATION CONSIDERED**

- 9.1 There are no legal implications arising from this report. There is no statutory duty on the Council to provide Community Day Centres.

## **10. LINKS TO THE CORPORATE AND NATIONAL PRIORITIES AND THE WELL-BEING OF FUTURE GENERATIONS ACT**

- 10.1 The development of Community Hubs contributes to the Council's corporate priorities through redesigning local services to ensure they are integrated and efficient. The Council is committed to working in a way that makes the best and most sustainable use of our limited and decreasing resources, always looking at alternative ways of doing things.
- 10.2 This proposal contributes to the well-being goals under the Well-being of Future Generations (Wales) Act. The proposals set out in this report support the Council's aim to provide a **long-term sustainable future** plan for the delivery of community services in RCT. Working in **collaboration** with communities and third sector organisations creates the opportunity to address unsustainable service models and **integrate** service delivery for the benefit of residents.

## **11. CONCLUSION**

- 11.1 The Council must continuously review and challenge its service delivery to ensure it is costs effective, remains fit for purpose and is meeting the council's commitment to deliver the best possible services for our communities. The proposed consultation on the future of the

Community Day Centres will inform the Council's approach to delivering these services in the future.



**LOCAL GOVERNMENT ACT 1972**

**AS AMENDED BY**

**THE LOCAL GOVERNMENT (ACCESS TO INFORMATION) ACT 1985**

**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**CABINET**

**21<sup>st</sup> NOVEMBER 2018**

**PROPOSALS TO REVIEW THE PROVISION OF COMMUNITY DAY  
CENTRES IN RHONDDA CYNON TAF**

**REPORT OF THE DIRECTOR OF PUBLIC HEALTH, PROTECTION &  
COMMUNITY SERVICES IN DISCUSSIONS WITH G HOPKINS, CABINET  
MEMBER FOR ADULT COMMUNITY SERVICES & WELSH LANGUAGE**

**Background Papers**

Cabinet - [16<sup>th</sup> October 2018](#) (Porth Town Centre Strategy) & [19<sup>th</sup> April 2018](#)  
(Developing Community Hubs in RCT)

Officer to contact:

Paul Mee, Director – Public Health, Protection & Community Services (01443  
425513)

